

Orthopedic Surgery

David M. Auerbach, MD
Michael S. Bahk, MD
Babak Barcohana, MD
Saul M. Bernstein, MD (1935 - 2010)
Joseph P. Burns, MD
Wilson Del Pizzo, MD
Richard D. Ferrel, MD
Marc J. Friedman, MD
Mark H. Getelman, MD
Neil S. Ghodadra, MD
Brian S. Grossman, MD
Carlos A. Guanche, MD
Christopher D. Hamilton, MD
Gregory J. Hunker, MD
Jaime D. Hernandez, MD
Jonathan S. JaiVin, MD, FACS
Ronald P. Karzel, MD
Trevor P. Lynch, MD, FACS
Patricia C. McKeever, MD
Todd D. Moldawer, MD
William H. Mouradian, MD
Mark L. Schamblin, MD
Steven A. Schopler, MD
Todd A. Shapiro, MD
Paul M. Simic, MD
Stephen J. Snyder, MD

Physical Medicine & Rehabilitation

A. Elizabeth Blozé, MD
Robert Gazmarian, MD
Todd J. Molnar, MD

Medical Legal Evaluation

H. Leon Brooks, MD
Richard L. Masserman, MD

Primary Care Sports Medicine

Andrew M. Blecher, MD
Richard J. Spelts, DO

Van Nuys (main office)

6815 Noble Avenue
Van Nuys, CA 91405
Phone: (818) 901-6600
Fax: (818) 901-6680

Bakersfield

2400 Bahamas Drive, Ste. 200
Bakersfield, CA 93309
Phone: (661) 328-5565
Fax: (661) 328-5573

Pasadena

39 Congress Street, Ste. 201
Pasadena, CA 91105
Phone: (626) 585-2948
Fax: (818) 901-6636

Ridgecrest

913 Alene Avenue
Ridgecrest, CA 93555
Phone: (760) 499-7099
Fax: (760) 446-6189

Simi Valley

3605 Alamo Street, Ste. 200
Simi Valley, CA 93063
Phone: (805) 578-8550
Fax: (805) 578-8555

Thousand Oaks

375 Rolling Oaks Drive, Ste. 210
Thousand Oaks, CA 91361
Phone: (805) 497-7015
Fax: (805) 497-7315

Valencia

24051 Newhall Ranch Road
Valencia, CA 91355
Phone: (661) 254-6364
Fax: (661) 254-6787



Southern California Orthopedic
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Name:

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NSAID AND BLOOD THINNER (ANTICOAGULANT) MEDICATION PRIOR TO SURGERY.

It is Dr. Bahk's policy that all surgery patients discontinue use of any type of anti-inflammatory or anti coagulation medication **2 weeks prior to surgery**. Anti inflammatory medication tends to thin your blood and causes increased bleeding and bruising. Increased bleeding during surgery can cause unnecessary complications. The following anti-inflammatory medications are to be discontinued: **Advil, Aleve, Aspirin, Celebrex, Exedrin, Ibuprofen, Motrin, Mobic, Naprosyn, and Naproxen**. If you believe you may be taking an anti-inflammatory medication that is not listed, please call the office.

Anticoagulant medications also need to be stopped prior to surgery. **This should be discontinued on a case by case basis, with an agreed plan between Dr. Bahk and your prescribing Physician.** This includes the following: **Coumadin, Warfarin, Plavix, and Lovenox**. Please discuss these medications with Dr. Bahk.

Failure to discontinue these medications will result in cancellation of your surgical procedure and result in a delay to reschedule the procedure.

The above policy is for your protection and is to ensure that your surgical procedure proceeds as smoothly and safely as possible. If you have any questions regarding this policy, please do not hesitate to contact us.

Thank you,

The Office of Michael S. Bahk, M.D.

Phone 805-578-8550 ext 6879

Fax 818-901-4599